

ESSENTIAL METABOLISM
BY ACCEPTING
SKELETONS

By: [Name]

[Text]



1
00:00:05,510 --> 00:00:03,350
good morning so there's a lot of words

2
00:00:06,950 --> 00:00:05,520
in that title so I'm just gonna dive in

3
00:00:11,030 --> 00:00:06,960
and we're gonna start talking about

4
00:00:13,370 --> 00:00:11,040
machine learning so machine learning is

5
00:00:16,099 --> 00:00:13,380
a area of computer science and data

6
00:00:18,650 --> 00:00:16,109
science that uses specific algorithms

7
00:00:21,019 --> 00:00:18,660
that learn from data and allow computers

8
00:00:22,490 --> 00:00:21,029
to find connections and data without the

9
00:00:24,679 --> 00:00:22,500
need for them to be explosively

10
00:00:27,019 --> 00:00:24,689
programmed this is a very fundamental

11
00:00:28,970 --> 00:00:27,029
shift in how the computers were

12
00:00:32,900 --> 00:00:28,980
programmed previously and how we think

13
00:00:35,479 --> 00:00:32,910

about data clearly I don't have enough

14

00:00:37,670 --> 00:00:35,489

time to go thing to a crash course

15

00:00:39,350 --> 00:00:37,680

on machine learning but basically a

16

00:00:41,810 --> 00:00:39,360

typical machine learning neural network

17

00:00:44,360 --> 00:00:41,820

would look like a series of inputs some

18

00:00:46,010 --> 00:00:44,370

computational nodes called the hidden

19

00:00:48,080 --> 00:00:46,020

layer and then those the results of

20

00:00:50,600 --> 00:00:48,090

those nodes are mapped some to some

21

00:00:53,119 --> 00:00:50,610

outputs when we talk about deep machine

22

00:00:56,180 --> 00:00:53,129

learning it's the same sort of inputs

23

00:00:58,580 --> 00:00:56,190

and outputs but the computational nodes

24

00:01:00,560 --> 00:00:58,590

are there's a lot more of them and

25

00:01:02,810 --> 00:01:00,570

they're highly they're there

26

00:01:07,340 --> 00:01:02,820

interconnection is highly complex and

27

00:01:09,740 --> 00:01:07,350

layered machine learning isn't anything

28

00:01:11,270 --> 00:01:09,750

new and there's lots of applications for

29

00:01:12,980 --> 00:01:11,280

it that are being used right now if

30

00:01:14,570 --> 00:01:12,990

you've used your cell phone this morning

31

00:01:17,020 --> 00:01:14,580

you've probably interacted with a

32

00:01:20,030 --> 00:01:17,030

machine learning system at some point

33

00:01:21,740 --> 00:01:20,040

however there's been a big advance in

34

00:01:24,469 --> 00:01:21,750

the technology in the last few years

35

00:01:27,440 --> 00:01:24,479

where major companies like Google IBM

36

00:01:30,440 --> 00:01:27,450

Microsoft amazon.com and even Facebook

37

00:01:34,010 --> 00:01:30,450

have been investing large amounts of

38

00:01:35,630 --> 00:01:34,020

resources into the technology and what

39

00:01:38,210 --> 00:01:35,640

that's resulted in is a number of new

40

00:01:40,760 --> 00:01:38,220

systems that are either low cost or open

41

00:01:43,609 --> 00:01:40,770

source that make the technology very

42

00:01:46,340 --> 00:01:43,619

very available where once it used to be

43

00:01:48,770 --> 00:01:46,350

sort of a very esoteric and specialized

44

00:01:51,020 --> 00:01:48,780

skill we now have a lot of really

45

00:01:54,460 --> 00:01:51,030

powerful tools that are at our disposal

46

00:01:56,980 --> 00:01:54,470

in addition we now have really robust

47

00:02:00,170 --> 00:01:56,990

libraries that can be accessed through

48

00:02:04,730 --> 00:02:00,180

generally accessible and well-known

49

00:02:06,230 --> 00:02:04,740

programming tools so let's look at an

50

00:02:08,690 --> 00:02:06,240

example of how we might use machine

51
00:02:10,160 --> 00:02:08,700
learning inside research so I've been

52
00:02:12,260 --> 00:02:10,170
working on a project that visualizes

53
00:02:13,110 --> 00:02:12,270
field reg data and when we talk about

54
00:02:14,820 --> 00:02:13,120
field right

55
00:02:17,130 --> 00:02:14,830
typically we start with a group of

56
00:02:20,760 --> 00:02:17,140
people who are engaged in some sort of

57
00:02:22,410 --> 00:02:20,770
common event or task we set up a random

58
00:02:24,030 --> 00:02:22,420
event generator in the background we

59
00:02:26,400 --> 00:02:24,040
collect some data and then we analyze

60
00:02:29,280 --> 00:02:26,410
that data look for deviations of

61
00:02:31,589 --> 00:02:29,290
randomness in the project on doing we

62
00:02:33,140 --> 00:02:31,599
start with a group of people but we ask

63
00:02:37,740 --> 00:02:33,150

them to focus on a very specific

64

00:02:39,750 --> 00:02:37,750

intention or idea within run a read we

65

00:02:42,630 --> 00:02:39,760

collect the data but instead of looking

66

00:02:46,559 --> 00:02:42,640

for statistical differences we model the

67

00:02:49,229 --> 00:02:46,569

data in 3d now and visualize it there

68

00:02:51,630 --> 00:02:49,239

have been other projects that have

69

00:02:53,160 --> 00:02:51,640

visualized 3d are reg data in the past

70

00:02:55,259 --> 00:02:53,170

so this is just sort of my take on it

71

00:02:56,759 --> 00:02:55,269

and when we do this process what we end

72

00:03:00,509 --> 00:02:56,769

up is image it with images that look

73

00:03:03,930 --> 00:03:00,519

like this this is image was created from

74

00:03:06,390 --> 00:03:03,940

data that was collected during Julie by

75

00:03:08,910 --> 00:03:06,400

shells talk at the Vale symposium at in

76

00:03:10,770 --> 00:03:08,920

Vail Colorado where participants were

77

00:03:14,280 --> 00:03:10,780

asked to focus on the idea of their

78

00:03:16,199 --> 00:03:14,290

community this was one where a series of

79

00:03:19,710 --> 00:03:16,209

meditators were focused on a breath

80

00:03:22,170 --> 00:03:19,720

meditation this data was Jim this image

81

00:03:24,030 --> 00:03:22,180

was dinner generated from data excuse me

82

00:03:26,280 --> 00:03:24,040

when an individual was asked to think

83

00:03:30,840 --> 00:03:26,290

about his depression and social anxiety

84

00:03:35,370 --> 00:03:30,850

issues and the intention here was of

85

00:03:37,229 --> 00:03:35,380

abundance so if you look at these images

86

00:03:38,880 --> 00:03:37,239

they're all very colorful and they're

87

00:03:41,280 --> 00:03:38,890

all very pretty and there's a lot of

88

00:03:42,720 --> 00:03:41,290

overlap between the content but there

89

00:03:46,140 --> 00:03:42,730
are some interesting and striking

90

00:03:47,940 --> 00:03:46,150
features in them and when you when you

91

00:03:50,610 --> 00:03:47,950
ask the people that participated in

92

00:03:52,979 --> 00:03:50,620
their creation they the people the

93

00:03:55,259 --> 00:03:52,989
participants will often report that they

94

00:03:57,900 --> 00:03:55,269
feel as if their intention is somehow

95

00:04:00,840 --> 00:03:57,910
reflected in the image now clearly that

96

00:04:02,309 --> 00:04:00,850
is a very subjective process and I may

97

00:04:05,819 --> 00:04:02,319
have done nothing more than create very

98

00:04:07,379 --> 00:04:05,829
very pretty Rorschach pictures but it's

99

00:04:10,199 --> 00:04:07,389
an interesting idea to sort of consider

100

00:04:12,500 --> 00:04:10,209
so to play with that a little bit I ran

101
00:04:15,210 --> 00:04:12,510
two sessions in which we did five

102
00:04:17,490 --> 00:04:15,220
sessions in which the intention was love

103
00:04:19,680 --> 00:04:17,500
and ten five sessions in which the

104
00:04:22,260 --> 00:04:19,690
intention was hate and these are the

105
00:04:23,850 --> 00:04:22,270
resulting images now again a lot of

106
00:04:25,800 --> 00:04:23,860
overlap a lot of similarity between

107
00:04:26,240 --> 00:04:25,810
these images but there's also something

108
00:04:27,850 --> 00:04:26,250
kind

109
00:04:31,940 --> 00:04:27,860
different between these images as well

110
00:04:33,610 --> 00:04:31,950
so how do we quantifiably define the

111
00:04:35,660 --> 00:04:33,620
differences between these two datasets

112
00:04:38,090 --> 00:04:35,670
well one way would be to use a

113
00:04:41,120 --> 00:04:38,100

traditional research method we recruit

114

00:04:44,600 --> 00:04:41,130

participants we collect all we analyze

115

00:04:46,280 --> 00:04:44,610

all the data we do all this stuff but we

116

00:04:48,290 --> 00:04:46,290

and you know we have to develop some

117

00:04:50,000 --> 00:04:48,300

sort of test or sorting or scoring tasks

118

00:04:51,980 --> 00:04:50,010

that may lead us to that difference

119

00:04:54,830 --> 00:04:51,990

eventually however for this particular

120

00:04:59,380 --> 00:04:54,840

project it's very speculative and this

121

00:05:03,920 --> 00:04:59,390

is a kind of a pretty resource-intensive

122

00:05:06,440 --> 00:05:03,930

process so instead I wanted to sort of

123

00:05:09,200 --> 00:05:06,450

remove the human element bias from it

124

00:05:11,240 --> 00:05:09,210

and started looking at deep machine

125

00:05:13,220 --> 00:05:11,250

image learning systems or classifiers

126

00:05:16,010 --> 00:05:13,230

and the one I came up with is a

127

00:05:17,690 --> 00:05:16,020

commercial system called classify which

128

00:05:21,140 --> 00:05:17,700

is available to anyone you can use it

129

00:05:23,270 --> 00:05:21,150

right now if you want it has an open API

130

00:05:24,380 --> 00:05:23,280

that you can use it's free or depending

131

00:05:26,210 --> 00:05:24,390

on how much data you want to use there's

132

00:05:28,400 --> 00:05:26,220

a small cost to using it and it's

133

00:05:31,280 --> 00:05:28,410

specifically designed for image concept

134

00:05:32,990 --> 00:05:31,290

and feature tagging so what does that

135

00:05:34,790 --> 00:05:33,000

mean that means if you get this picture

136

00:05:36,710 --> 00:05:34,800

of a bird that I took you run it through

137

00:05:39,200 --> 00:05:36,720

the classifier it returns a series of

138

00:05:41,300 --> 00:05:39,210

tags that identify it including their

139

00:05:45,260 --> 00:05:41,310

like bird and know person and nature and

140

00:05:49,150 --> 00:05:45,270

tree etc so what happens when we run our

141

00:05:52,310 --> 00:05:49,160

ten images through the system well

142

00:05:53,960 --> 00:05:52,320

excuse me not surprisingly you see a lot

143

00:05:56,090 --> 00:05:53,970

of overlap between the tags that are

144

00:05:57,380 --> 00:05:56,100

returned for the two datasets just like

145

00:05:59,540 --> 00:05:57,390

we would expect because there's a lot of

146

00:06:01,730 --> 00:05:59,550

overlap in these images but the really

147

00:06:05,060 --> 00:06:01,740

weird and interesting bit is that the

148

00:06:08,300 --> 00:06:05,070

classifier tagged four of the five hate

149

00:06:11,450 --> 00:06:08,310

images with a unique identifier and that

150

00:06:14,150 --> 00:06:11,460

identifier is triangular that's a very

151
00:06:16,909 --> 00:06:14,160
very specific feature and I can actually

152
00:06:19,490 --> 00:06:16,919
use that now to track the triangulation

153
00:06:21,740 --> 00:06:19,500
triangular feature back into the

154
00:06:24,350 --> 00:06:21,750
visualization software and potentially

155
00:06:26,060 --> 00:06:24,360
back into the data set so what I've been

156
00:06:27,770 --> 00:06:26,070
able to do here what the classifiers

157
00:06:29,990 --> 00:06:27,780
actually able to do here is actually

158
00:06:33,500 --> 00:06:30,000
start giving me the groundwork for a

159
00:06:35,330 --> 00:06:33,510
testable hypothesis so what is what is

160
00:06:37,159 --> 00:06:35,340
all what have we learned from this the

161
00:06:39,800 --> 00:06:37,169
software made this test possible in just

162
00:06:40,360 --> 00:06:39,810
a couple of hours there was considerable

163
00:06:42,520 --> 00:06:40,370

time

164

00:06:44,230 --> 00:06:42,530

and savings as compared to different

165

00:06:45,850 --> 00:06:44,240

traditional approaches and the

166

00:06:47,560 --> 00:06:45,860

exploratory tests demonstrated the

167

00:06:49,659 --> 00:06:47,570

potential value of machine learning and

168

00:06:53,500 --> 00:06:49,669

efficiency and potential hypothesis

169

00:06:54,879 --> 00:06:53,510

generation so machine learning has a lot

170

00:06:56,860 --> 00:06:54,889

of potential but it's not without its

171

00:06:58,960 --> 00:06:56,870

problems and one of the sort of epic

172

00:07:01,930 --> 00:06:58,970

fails in machine learning has been the

173

00:07:03,670 --> 00:07:01,940

Google Flu Trends project where Google

174

00:07:08,409 --> 00:07:03,680

decided that it could take a bunch of

175

00:07:10,480 --> 00:07:08,419

its search data and convert it and use

176
00:07:12,400 --> 00:07:10,490
it to predict flu outbreaks around the

177
00:07:14,350 --> 00:07:12,410
world and as it turns out it was very

178
00:07:16,510 --> 00:07:14,360
very bad at it

179
00:07:19,450 --> 00:07:16,520
and the Google silently sort of killed

180
00:07:21,310 --> 00:07:19,460
the project after a while another sort

181
00:07:24,460 --> 00:07:21,320
of recent more recent fail was

182
00:07:26,830 --> 00:07:24,470
Microsoft's Twitter bot which used

183
00:07:29,500 --> 00:07:26,840
natural language processing to teach it

184
00:07:31,689 --> 00:07:29,510
to teach to teach the software to talk

185
00:07:35,469 --> 00:07:31,699
like a teenager there's a lot of tease

186
00:07:37,930 --> 00:07:35,479
mid-sentence on Twitter and after being

187
00:07:41,770 --> 00:07:37,940
online for about a day it turned into a

188
00:07:50,170 --> 00:07:41,780

racist jerk and they had to shut it down

189

00:07:51,790 --> 00:07:50,180

and apologized and fortunately they the

190

00:07:56,589 --> 00:07:51,800

system did come back online for another

191

00:07:58,060 --> 00:07:56,599

day or so and before it finally they boy

192

00:07:59,920 --> 00:07:58,070

they probably took it offline completely

193

00:08:03,909 --> 00:07:59,930

it sent out one last very prophetic

194

00:08:05,980 --> 00:08:03,919

tweet which was you are too fast please

195

00:08:08,140 --> 00:08:05,990

take a rest which i think is a really

196

00:08:12,430 --> 00:08:08,150

important message for from our future

197

00:08:14,200 --> 00:08:12,440

robot overlords all that being said

198

00:08:17,170 --> 00:08:14,210

there's a there's been some really

199

00:08:20,740 --> 00:08:17,180

interesting applications for machine

200

00:08:22,510 --> 00:08:20,750

learning in the sciences and this one

201
00:08:24,939 --> 00:08:22,520
has made the rounds in the news it's a

202
00:08:27,850 --> 00:08:24,949
controversial fine but I think it's

203
00:08:29,920 --> 00:08:27,860
worth noting that in just three days a

204
00:08:31,540 --> 00:08:29,930
machine learning system was able to chug

205
00:08:34,060 --> 00:08:31,550
through all the published data on a

206
00:08:36,240 --> 00:08:34,070
particular problem and find the solution

207
00:08:38,500 --> 00:08:36,250
to a hundred year old biology problem

208
00:08:41,199 --> 00:08:38,510
and I think this quote is pretty

209
00:08:43,659 --> 00:08:41,209
interesting but this problem in our

210
00:08:45,370 --> 00:08:43,669
approach is nearly universal it can be

211
00:08:48,220 --> 00:08:45,380
used with anything where functional data

212
00:08:50,500 --> 00:08:48,230
exists and the underlying mechanisms are

213
00:08:52,360 --> 00:08:50,510

hard to guess so when I hear statements

214

00:08:53,690 --> 00:08:52,370

like that I really begin to think about

215

00:08:55,940 --> 00:08:53,700

how we might be a

216

00:08:58,660 --> 00:08:55,950

to apply these kinds of technologies and

217

00:09:01,190 --> 00:08:58,670

these this new set of toolkits to

218

00:09:03,290 --> 00:09:01,200

parapsychology and of course we have all

219

00:09:05,870 --> 00:09:03,300

these interesting sets of data available

220

00:09:09,530 --> 00:09:05,880

to us that may be right for exploration

221

00:09:14,330 --> 00:09:11,930

so in summary researchers now have

222

00:09:17,660 --> 00:09:14,340

access to new powerful low-cost or free

223

00:09:19,910 --> 00:09:17,670

machine learning tools exploratory tests

224

00:09:21,530 --> 00:09:19,920

using visual field req data showed the

225

00:09:23,380 --> 00:09:21,540

potential benefits offered by machine

226

00:09:26,120 --> 00:09:23,390

learning in terms of efficiency and

227

00:09:28,010 --> 00:09:26,130

hypothesis development and all that we

228

00:09:29,330 --> 00:09:28,020

need to be cautious parapsychology may

229

00:09:33,530 --> 00:09:29,340

benefit from machine learning it

230

00:09:35,720 --> 00:09:33,540

analyses of existing side datasets I

231

00:09:37,820 --> 00:09:35,730

want to thank my research partner dr.

232

00:09:39,410 --> 00:09:37,830

Julie by shell all the people to win

233

00:09:41,690 --> 00:09:39,420

bridge Institute that support this work

234

00:09:43,730 --> 00:09:41,700

the volunteers that took place in the

235

00:09:45,560 --> 00:09:43,740

sessions of course you for attending a

236

00:09:48,440 --> 00:09:45,570

quick shout-out to Julia Moss bridge who

237

00:09:50,360 --> 00:09:48,450

dragged me Creek kicking and screaming

238

00:09:52,340 --> 00:09:50,370

into trying to look at this more

239

00:09:54,770 --> 00:09:52,350

empirically and to Michael Dugan for his

240

00:09:57,650 --> 00:09:54,780

never-ending criticism of this project

241

00:10:00,500 --> 00:09:57,660

on Facebook Facebook is where all the

242

00:10:09,380 --> 00:10:00,510

real science happens these days oh thank

243

00:10:11,210 --> 00:10:09,390

you very much thank you Mark oh one

244

00:10:15,170 --> 00:10:11,220

quick question for you was that last

245

00:10:21,790 --> 00:10:15,180

slide by Michael Levin at Tufts last

246

00:10:24,460 --> 00:10:21,800

slide this no farther back yes yes yes

247

00:10:27,260 --> 00:10:24,470

okay thank you

248

00:10:29,810 --> 00:10:27,270

why would you need the intermediate step

249

00:10:31,880 --> 00:10:29,820

of making images can you not just feed

250

00:10:33,800 --> 00:10:31,890

the the random data stream into the

251
00:10:35,660 --> 00:10:33,810
network and give it some condition like

252
00:10:38,180 --> 00:10:35,670
this is condition a this is condition B

253
00:10:44,360 --> 00:10:38,190
to to learn on what would that condition

254
00:10:47,180 --> 00:10:44,370
be sorry I didn't for example you say

255
00:10:49,400 --> 00:10:47,190
this generator was in Intendant made

256
00:10:50,930 --> 00:10:49,410
under love intention and the under the

257
00:10:53,210 --> 00:10:50,940
other under hate and the network is

258
00:10:56,300 --> 00:10:53,220
supposed to learn to to distinguish

259
00:10:58,190 --> 00:10:56,310
between these two um that is completely

260
00:10:59,990 --> 00:10:58,200
a possible that's yes you could actually

261
00:11:01,820 --> 00:11:00,000
you could absolutely do that but that's

262
00:11:03,460 --> 00:11:01,830
not what I was doing with this project I

263
00:11:05,570 --> 00:11:03,470

ended up with these visualizations

264

00:11:07,049 --> 00:11:05,580

because I was interested to see if there

265

00:11:09,089 --> 00:11:07,059

was something else in the data

266

00:11:11,849 --> 00:11:09,099

that wasn't showing up in the statistics

267

00:11:14,159 --> 00:11:11,859

that the visualizations might she might

268

00:11:16,589 --> 00:11:14,169

show so now I have this visualization

269

00:11:21,629 --> 00:11:16,599

data and I'm interested to see what's in

270

00:11:23,189 --> 00:11:21,639

there I am so excited to hear you do

271

00:11:24,809 --> 00:11:23,199

this talk because I've had like maybe no

272

00:11:27,149 --> 00:11:24,819

less than six conversations with people

273

00:11:28,589 --> 00:11:27,159

on the side about like why I mean why is

274

00:11:29,999 --> 00:11:28,599

it anyone using some kind of machine

275

00:11:32,099 --> 00:11:30,009

learning for this stuff and I think it's

276

00:11:34,859 --> 00:11:32,109

death in the future and secondly the

277

00:11:36,959 --> 00:11:34,869

just the step of constructing the images

278

00:11:39,569 --> 00:11:36,969

by itself is I was pretty impressed with

279

00:11:41,459 --> 00:11:39,579

just that but one question I had I know

280

00:11:43,289 --> 00:11:41,469

this is probably you're maybe just kind

281

00:11:44,939 --> 00:11:43,299

of getting your feet wet in this but so

282

00:11:46,439 --> 00:11:44,949

if I understand correctly you're using

283

00:11:47,369 --> 00:11:46,449

these already constructed images and

284

00:11:48,809 --> 00:11:47,379

then trying to look at the relevant

285

00:11:50,099 --> 00:11:48,819

feature and say okay there's this common

286

00:11:53,129 --> 00:11:50,109

feature within the hate images for

287

00:11:55,919 --> 00:11:53,139

example where I've seen this applied is

288

00:11:58,199 --> 00:11:55,929

in like a predictive context so if you

289

00:12:01,049 --> 00:11:58,209

have the images constructed on several

290

00:12:03,809 --> 00:12:01,059

individuals and maybe across multiple

291

00:12:04,979 --> 00:12:03,819

sessions and then trying to extract okay

292

00:12:06,959 --> 00:12:04,989

what are the relevant features that

293

00:12:09,029 --> 00:12:06,969

could kind of classify love versus hate

294

00:12:11,909 --> 00:12:09,039

images and then use the second half of

295

00:12:14,459 --> 00:12:11,919

your data set to try to predict what the

296

00:12:16,409 --> 00:12:14,469

intention was based on the image that

297

00:12:17,489 --> 00:12:16,419

was constructed for that individual then

298

00:12:19,829 --> 00:12:17,499

you could start to see some really

299

00:12:21,989 --> 00:12:19,839

really useful stuff including like you

300

00:12:23,969 --> 00:12:21,999

know hit versus miss insight paradigms

301
00:12:25,589 --> 00:12:23,979
you know rather than did they have a hit

302
00:12:27,359 --> 00:12:25,599
rate that's reached a significant

303
00:12:29,219 --> 00:12:27,369
threshold or what are the relevant

304
00:12:30,749 --> 00:12:29,229
pattern features in like an fMRI

305
00:12:32,909 --> 00:12:30,759
experiment for example that's associated

306
00:12:34,289 --> 00:12:32,919
with the hit versus a Miss and some

307
00:12:39,649 --> 00:12:34,299
remote viewing or something like that so

308
00:12:43,289 --> 00:12:39,659
make sense yes hi excellent presentation

309
00:12:46,049 --> 00:12:43,299
just a clarification question did I

310
00:12:48,749 --> 00:12:46,059
understand correctly that you gave the

311
00:12:51,929 --> 00:12:48,759
clarify network which was pre trained

312
00:12:53,549 --> 00:12:51,939
with some other other images your images

313
00:12:55,109 --> 00:12:53,559

but you didn't drain the network with

314

00:12:56,579 --> 00:12:55,119

your images that is correct okay because

315

00:12:58,679 --> 00:12:56,589

it would be impractical

316

00:13:01,229 --> 00:12:58,689

she was right because the clarify system

317

00:13:03,829 --> 00:13:01,239

has been trained with every image on the

318

00:13:06,380 --> 00:13:03,839

Internet I was just checking to me yeah